



Reconnect . Rebuild . Recover

Job title: Arabic or Farsi Speaking Group Therapist	
Team: Programmes	Location: Remote
Contract Length: 12 months (2 months probation)	Salary: Dependent on experience (consultancy contract)
Background: Founded in 2016, Amna is committed to supporting community and frontline workers to bring non-clinical mental health support to every child and family affected by violence and displacement. Our mission is to help communities heal from violence and displacement. Our vision is a world where a caring mental health worker is within reach of anyone affected by trauma. After five years of delivering direct services for families, young children, young people and men and women in Greece, Amna is now replicating its model to train frontline workers and support local organisations in additional countries and communities.	
Safeguarding: The role-holder will have experience working according to ethical and good practice safeguarding principles. They will be expected to adhere to and promote Amna’s Child and Vulnerable Adult Safeguarding Policies as they will be involved and responsible for programmes working with children and vulnerable groups in different settings.	
Role Purpose: In order to respond to refugees exacerbated mental health issues reported during research undertaken by Amna during the first Coronavirus lockdown in April 2020, Amna Head of Programmes Gabriella Brent in partnership with Consultant Therapist Romy Wakil have piloted delivering a therapeutic psychoeducation group online for 8 male refugees. This has proved to be a very powerful space, with two cohorts regularly attending, despite their changing and challenging circumstances. Based upon the feedback from the group, and with the aim of bridging the gap between mental health and human rights, Amna intends to establish more therapeutic, trauma-informed psycho-education groups for asylum seekers and/or refugees living in Greece. Each group will consist of 6 – 8 members who will meet weekly on zoom, facilitated by a group therapist and members will be provided with a therapeutic, trauma-informed space.	
Training and Supervision Amna will provide induction training ahead of starting facilitation of therapy groups. Additionally, therapists will be required to attend monthly group supervision with the team of therapists undertaking this work. The post holder will be expected to attend all supervision groups, unless on leave or there are extenuating circumstances. Amna will hold safeguarding and clinical responsibility for anything emerging in sessions, and work with the relevant parties to manage any concerns. Creating collective healing spaces and facilitating group therapy with asylum seekers and refugees is an under-researched field. The role holder will be expected to reflect on emerging themes in therapeutic supervision with Amna to help shape our future programming and support to provide collecting healing spaces with and for refugee communities.	
Time Commitment	

Fee

In the first instance we are seeking honorary therapists (volunteers). However, if you are unable to contribute on a voluntary basis please note in your application your fees on a sliding scale from 0-40 Gbp an hour.

Location

Zoom group (set up by Amna): Most group members are currently living in Greece, however some may be in different location across Europe. The group will be conducted online via zoom for 1.5 hours.

Amna provides data to support group members to attend, as needed.

Language

Groups will be conducted in Arabic or Farsi in order to allow group members to communicate in their mother tongue. Fluency in English is also required for the role as group members may choose to speak in both languages.

That said, if you feel you are a good fit for this role and speak another language, please do still apply.

Key Areas of Responsibility

- To provide a weekly, online therapeutic group space to a group of up to 8 members according to Amna's trauma, identity and values informed approach.
- To write summary session notes following each session and to keep notes in accordance with Amna's data protection and GDPR policies.
- To participate in shaping Amna's therapeutic programming design.
- To attend regular supervision facilitated by Amna.
- To liaise with the Amna clinical team re group progress and group needs.

Person specification

- Fluency in English and Arabic and/or Farsi. Fluency in other languages are also welcome.
- Once committed, applicants must be available to complete a year's work.
- All candidates must have an enhanced and up-to-date DBS check. If this doesn't apply Amna will arrange one for you.
- Successful candidates will be requested to provide references from a recent employer and personal supervisor.
- Qualified from or in a recognized and ethical training accredited by UKCP, BACP, BABCP, HCPC, BPC or BPS (UK) or country specific equivalents.
- Trained in trauma-informed practice.
- Ability to work reflexively regarding antiracist practice and within a culturally competent framework.

Essential experience

- Qualified supervisor/counsellor/psychotherapist/clinical or counselling psychologist.
- A minimum one year experience of facilitating therapeutic groups.
- A minimum of 450 client facing hours (not including befriending).
- At least one year consecutive of personal therapy.
- A thorough understanding and openness towards social justice identity issues including race, gender

Desirable experience

- Experience participating in social justice work either professionally or personally
- Knowledge of liberation psychology or radical pedagogy – e.g. healing justice, decolonised education, pedagogy of the oppressed

How to Apply

To apply, please send a CV & the below application to Gabriella Brent on gabriella@amna.org and Romy Wakil on romywakil@gmail.com. Maximum length of the application should be 2 sides of A4.

Application deadline is open/rolling.

In your application, please:

1. Tell us about you, your qualities and skills that make you suited to this role.
2. Briefly, tell us why you would like to work with Amna.
3. Details of your theoretical approach including dates you trained, course(s) attended, theoretical approach(s) studied, and reasons for you choosing said approaches.
4. Details of your approach to working in a trauma informed way, and your experience of working therapeutically with asylum seekers and/or refugees.
5. What values would you bring to Amna?
6. Describe your current supervision, its format, approach, frequency, length with current supervisor (if less than six months please include previous supervisor).
7. Tell us what understanding someone holistically means to you
8. How do you marry social justice and mental health work?
9. What is your relationship to self-care?